



PROVINCIA DI COMO

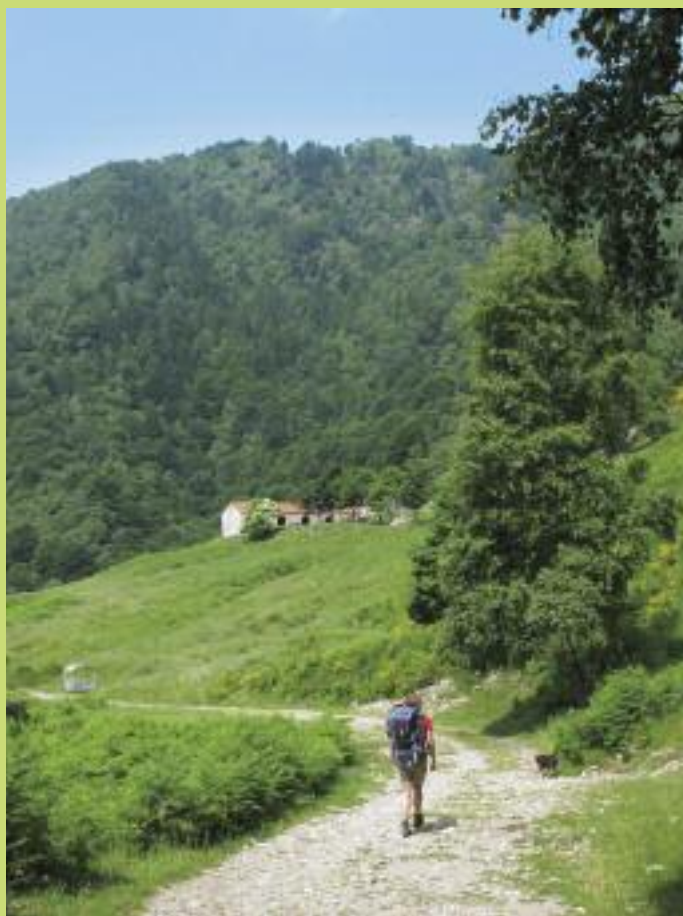
Assessorato al Turismo



LAKE COMO

TREKKING

- LA VIA DEI MONTI LARIANI
- IL SENTIERO DELLE 4 VALLI
- LA DORSALE DEL TRIANGOLO LARIANO



LA DORSALE DEL TRIANGOLO LARIANO



In two days from Como to Bellagio

The “Dorsale del Triangolo Lariano” is a beautiful hiking trail of about 30 km, connecting Como with Bellagio. It stretches out at an average height of 1200 m following the mountain ridge that crosses from south to north through the “Triangolo Lariano” area. This is a triangle-shaped area enclosed by the two arms of Lake Como (also called Lario) with Bellagio at its northern point”.

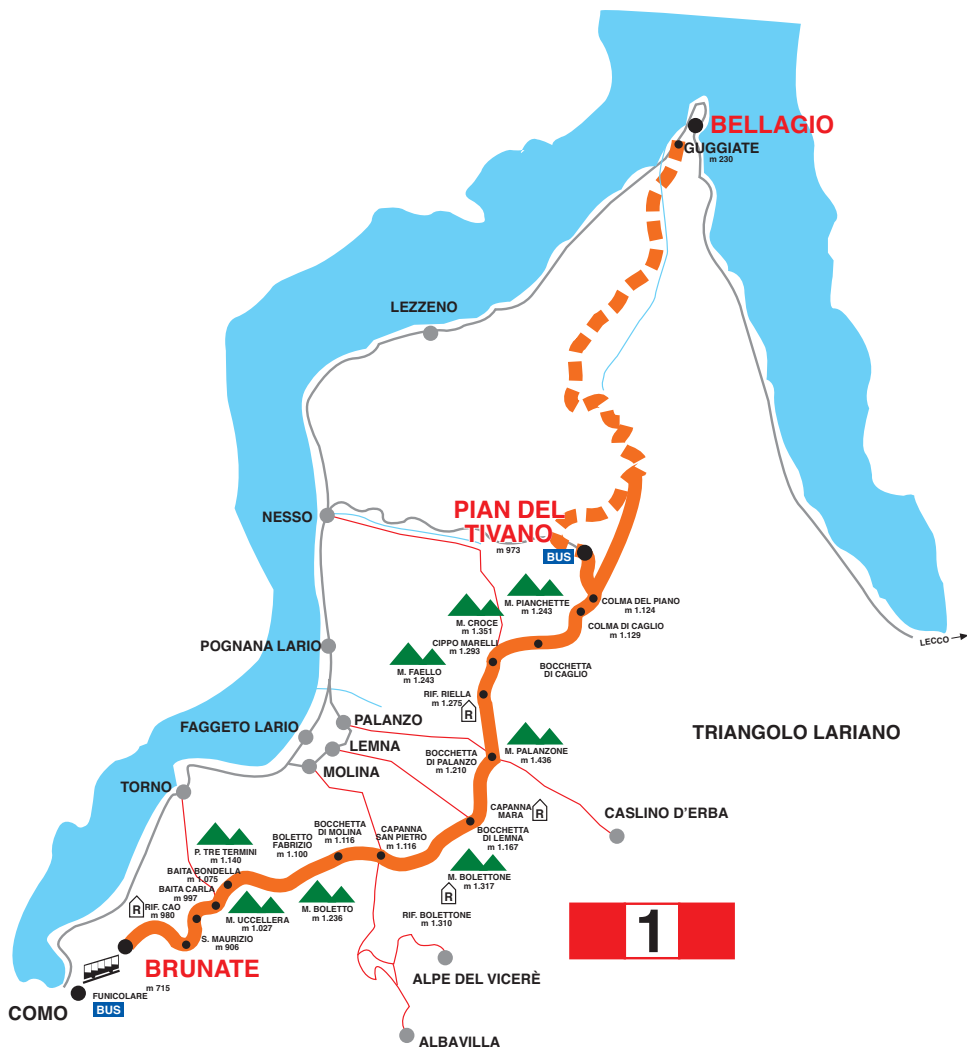
It is an easy trail, following mainly mule tracks and cart-tracks or easy paths. From it you can enjoy beautiful mountain scenery.

There are numerous lodging possibilities on the way listed at the end of this brochure. You can walk the whole way or just part of it; there are trails that lead from the main path at the top down to the towns on the lake shore or into the valleys where there are bus stops or other means of public transport.

The walk is waymarked by red-white-red striped markers with a number 1 and starts from Brunate - that you can reach by funicular from Como.

Available maps: Kompass map 91 Lago di Como/Lago di Lugano scale 1:50.000 or the Carta dei Sentieri scale 1:25.000 edited by the Comunità Montana Triangolo Lariano.

LA DORSALE DEL TRIANGOLO LARIANO - FIRST SECTION



FIRST SECTION: BRUNATE - PIAN DEL TIVANO

Walking time: 6 hrs.-

Ascent: 582 m

BRUNATE (715 m) From Como you can go to Brunate with the the funicular (spectacular view over the lake and the town of Como) From the funicular station in Brunate it's possible to take a bus as to **Piazzale C.A.O.** (bus service on Sundays only; in July and August daily). If you start the walk from the funicular station in Brunate go left and take the trail to **S. Maurizio** on the left side of the church. The trail stretches among gardens and villas. When in the hamlet of

SAN MAURIZIO (906 m - time 0.30 min.) where you ignore the road signed for "Via alle Colme". Before continuing we recommend a little detour to the "Faro Voltiano" (Volta light house), built in 1927 to celebrate the centenary of the death of Alessandro Volta, the great scientist born in Como. Back in the square, go to the left side of it and follow the trail signs uphill through the woods (at the intersections keep right). The track ends up on the side of the small church S. Rita at the beginning of the square Piazzale CAO. Across Piazzale C.A.O. take the road to the left which leads past **Rifugio C.A.O.** (980 m). The trail continues through the woods and soon reaches **BAITA CARLA (997 m)**.



Bolla Palanzone (photo Gino Siclari)

Detour 1: Como - Brunate – Torno (3hrs.)

300 meters past Baita Carla you can pick up trail n° 15 on the left which leads down to Torno by Monte Piatto. From Torno it's possible to return to Como by bus (line C30) or by boat.

A cart-track leads along the slopes of Pizzo 3 Termini, to **BAITA BONDELLA (1.075 m)** from where you have a most beautiful view of the Alps, the Alpi Marittime, and the small lake of Montorfano. The trail continues to

RISTORO DEL BOLETTO FABRIZIO (1.100 m - time 0.50; 1.20 hrs.) Just past this inn, after a brief ascent, you can choose between the "Dorsale per Cresta" (over the tops) on the right and the "Dorsale" downhill to the left. The "Dorsale per cresta" leads to the top of the Boletto (1.236 m). The "Dorsale" leads along the north side of the mountain ridge with a beautiful view over Lake Como and the surrounding mountains. After a level stretch the path leads down to the **BOCCHETTA DI MOLINA (1.116 m. - time 0.40; 2.15 hrs.)** close to the ex Capanna San Pietro You ignore the deviation to the right.

Detour 2: COMO – BRUNATE – ALPE DEL VICERE' 3.30 hrs.

The path to the right just past the ex Capanna San Pietro leads down to the Baita Patrizi and from here to Ape del Vicerè. On your way you will find some inns and picnic grounds with barbecue facilities. From Alpe del Vicerè a 5 km long road leads down the town Albavilla, where bus line C40 will take you back to Como

Detour 3 COMO – BRUNATE – BOCCHETTA DI MOLINA – MOLINA 3.30 hrs.

From Bocchetta di Molina a trail leads down to the left to the town Molina. From here it's possible to pick up the bus line C31 back to Como.

Continue on the Dorsale trail and you soon reach a fork with a signpost; the trail to the right is the more scenic but more tiring “Dorsale per Cresta” leading in 45 minutes to the top of Monte Bolettone (1.310 m) and to Rifugio Bolettone and then descends to Bocchetta di Lemna (total walking time 1hr.10); the trail to the left is the normal “Dorsale” trail which runs through a beech wood around Monte Bolettone arriving in about the same amount of time at

BOCCHETTA DI LEMNA (1.115 m. - time 1.10; 3.10 hrs.) at the end of the north eastern slope of Monte Bolettone. From the Bocchetta you can reach Capanna Mara in about 15 minutes.

Detour 4 Como - Brunate – Lemna 5.00 hrs.

From Bocchetta di Lemna the cart track on the left leads down to the town Lemna in about 1.30hrs. From here you can pick up bus line C31 back to Como.

From Bocchetta di Lemna the trail heads northwards with a beautiful view of the valley of Caslino d’Erba, the tops of the Resegone and Monte Palanzone. After a brief stretch you can choose between the “Dorsale per Cresta” which in 25 minutes heads to the top of Pizzo dell’Asino (1272 m) or the Dorsale which leads along the woody east slope of Pizzo dell’Asino. After you have passed two streams (note the formation of the sedimentary layers) you reach

BOCCHETTA DI PALANZO (1.210 m.- time 0.40; 3.50 hrs.) situated between the Val di Cairo to the west and Valle Piot to the east, a real crossroad of trails.

Detour 5 Como – Brunate – Bocchetta di Palanzo – Palanzo 5.30 hrs.

From the Bocchetta di Palanzo there is a cart track to the left which in about 1.30 hrs. leads down to the town Palanzo. From here it is possible to take the bus line C31 back to Como.

Detour 6 Como – Brunate – Bocchetta di Palanzo – Caslino d’Erba 5.30 hrs.

From the Bocchetta di Palanzo there is a trail to the right which leads in about 1.30 hrs. down to the town Caslino d’Erba. From here it is possible to take the bus line C 94 back to Como or the train to Milan.

At the fork after Bocchetta di Palanzo you can choose again between the “Dorsale per Cresta” and the “Dorsale”. The first one ascends in about 45 minutes the top of Monte Palanzone (1.436 m) with its characteristic pyramid-shaped chapel, and then descends the north slope of the mountain to the Bocchetta di Caglio (total walking time approx. 1.10 hrs). The “Dorsale” leads you along the west slope of Monte Palanzone to

RIFUGIO RIELLA also called Rifugio Palanzone (1.275 m - time 0.10; 4.00 hrs.). From here you have a beautiful view over Lake Como, Faggeto Lario and the surrounding mountains. There is a fountain just past the rifugio (refuge). Continuing on the trail you soon arrive at **CIPPO MARELLI (1.293m)** and at **BOCCHETTA DI NESSO**. You pass the extended fields of Preaola on a level track which leads around Monte Palanzone with a nice view down on Piano di Nesso and Monte San Primo. You then arrive at

BOCCHETTA DI CAGLIO (1.297 m.- time 0.20; 4.30 hrs.). You ignore the trail to the right leading down to Caglio and continue uphill along the slope of Monte Croce (1.351 m). The large track leads to the beginning of Braga di Cavallo (1.350 m), where you notice a group of isolated beech trees. Here to the right starts a steep descent heading to Monte Pianchetta (1.243 m). After a brief stretch uphill, the steep descent continues over the ridge to

COLMA DI CAGLIO (1.129 m - time 0.30; 5.00 hrs.). At the fork in front of Monte Falò (1.182 m), you pick up the large cart-track to the left leading down to

COLMA DEL PIANO also called Colma di Sormano (1.124 m - time 0.20; 5.20 hrs) where there is an inn. At the Colma there is an astronomical observatory.

N.B. At this point you can choose whether to interrupt the trek and descend to Pian del Tivano where you can stay overnight or pick a bus back to the lake, or to walk the whole trail to Bellagio without descending to Pian del Tivano.

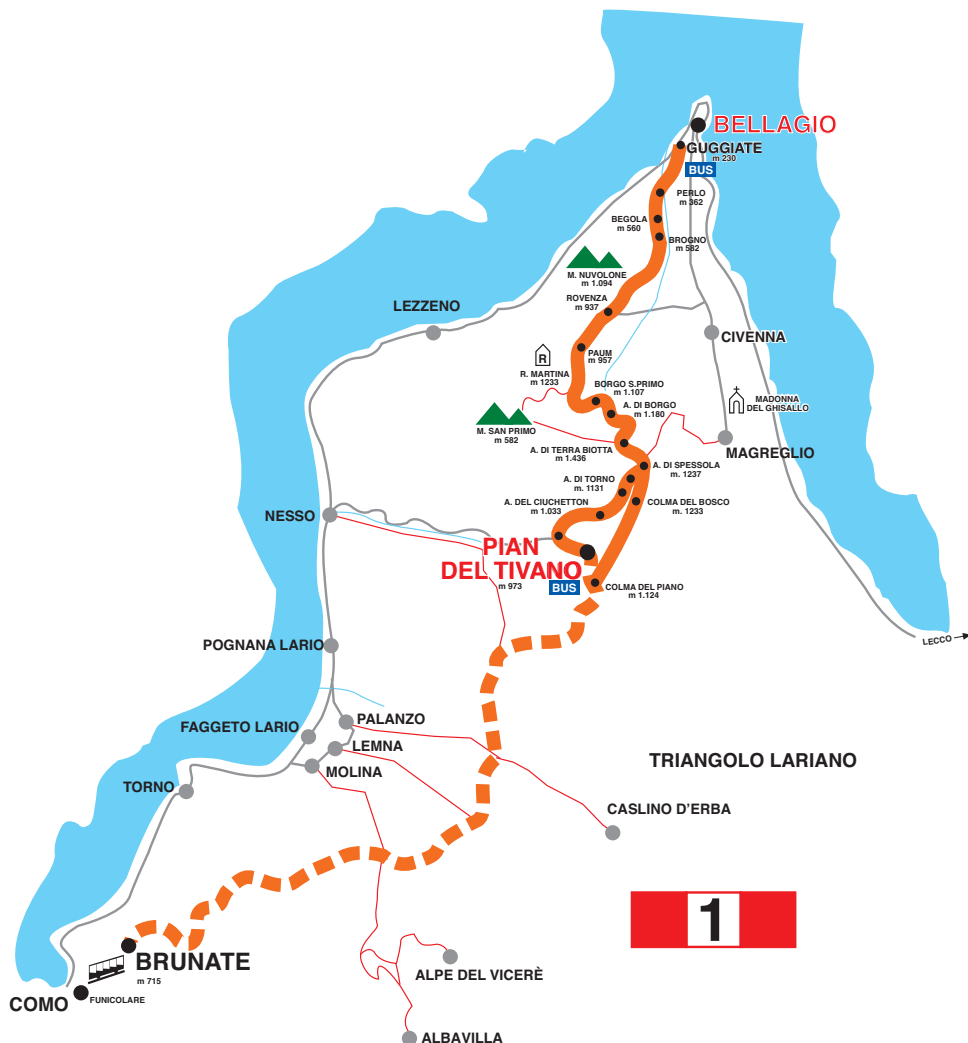
Those who are wishing to proceed will pick up the large plain cart trek just past the entrance of the restaurant Baita Colma. The track leads up to Colma dei Cippiei (1.185 m), and past the Colma del Bosco reaches the **ALPE SPESSOLA (1.237 m – 1 hr)** where the second part of the trek also passes. (see below)

Those who are interrupting the walk will follow the asphalted road to the left downhill heading to **PIAN DEL TIVANO (973 m - time 0.40; 6.00 hrs.)** - refreshments and lodging available - bus stop to Nesso. If you wish to sleep in the farm "Azienda Conca d'Oro" take the rural road to the right just past the old ski lift near Agriturismo – Restaurant Binda - where also the second section of the trail starts. Otherwise walk ca. 1,5 km further down along the main road to reach the hotel Albergo del Dosso or the bus stop close to the restaurant "Il Nuovo Ministro" (ticket sale) slightly before the hotel.



Vista dal Palanzone (photo Gino Siclari)

LA DORSALE DEL TRIANGOLO LARIANO - SECOND SECTION



SECOND SECTION: PIAN DEL TIVANO - BELLAGIO

Walking time: 5.30

Ascent: 579 m.



Vista su Bellagio (photo Promobellagio)

PIAN DEL TIVANO (957 m.) -bus stop - lodging - refreshments

Pian del Tivano is a plain enclosed in by the mountains San Primo, Cippei and Braga di Cavallo and on the west by "Il Dosso", a big moraine left there by the Lario glacier. The plain is famous for its beautiful flowers like daffodils, gentians and lilies of the valley (protected flora). Those who are starting the walk here and have arrived by bus, continue ca. 1 km on the road. Near the old ski lift and the agriturismo Binda pick up the rural road on the left heading into the Val di Torno. Past the farm Azienda Agricola Conca d'Oro you soon reach

ALPE CIUCCHETTON. At the fork just past the farmhouse, keep along the sealed road heading to **ALPETTO DI TORNO (1.131 m)** first and

ALPE GROSSO (1.150 m - time 0.30 min.) later on. In front of the building pick up the track to the right for 100 meters. Here you go left steeply uphill over the fields heading to a group of beech trees. Keep left close to the fencing and go up the steep slope to the above lying cart-track coming up from Colma del Piano. You are now at

ALPE SPESSOLA (1.237 m - time 0.40; 1.10 hrs.)

From here you continue again to the left following the track as it winds rather steeply uphill with splendid views over Val di Torno, the tops of the mountains Grigne and Corni di Canzo to

ALPE DI TERRA BIOTTA (1.536 m. - time 0.30; 1.40 hrs.) Just past the farmhouse, you reach the highest point of this section where you enjoy the view of the promontory of Bellagio and the surrounding mountains, one of the most beautiful views of this hike! You can also see the old ski lift coming up from the Alpe del Borgo below. Now you can choose again between the "Dorsale per Cresta" and the "Dorsale". The "Dorsale per Cresta" takes you to the top of Monte San Primo (1.685 m) in 1 hour, and from there over a steep path descends to Rifugio Martina (Alpe dei Piccè) and to Alpe delle Ville (0,45 hr) where it meets up with the Dorsale again.

The ones following the "Dorsale" from the Culmen of Terra Biotta cross the field to the right and near the small "polla", a beverage place for cattle, pick up the trail to the right descending to

ALPE DEL BORGO (1.180 m. - time 0.30; 2.20 hrs.), where they produce excellent cheese in summertime. From here follow the rural road down to the settlement

BORGO SAN PRIMO (1.107 m) inn - bus stop (bus service only during the summer months)

At the restaurant "La Baita" you get to a road which you follow to the left. You pass the ex holiday-camp Bonomelli on your way to Alpe delle Ville. Just out of the pine wood (slightly before the deviation for Rifugio Martina), you leave the track and turn right passing along the wall of a small house. The path leads for rather a long stretch through a wood (pay attention to the signs!) and finally reaches the pastures of

PAUM (957 m - time 0.45; 3.15 hrs.) From here a rural road leads downhill with a nice view of "Pra Filippo" and the hamlet "Cernobbio", situated on the other side of the Val del Perlo, to the village

ROVENZA (724 m - time 0.40; 3.55 hrs.) At the fountain you turn left, ignoring the road to the right, which leads to Piano Rancio and Cernobbio. The trail continues through woods and along pastures to a little isolated chapel where you turn right. After you have crossed a small stream you reach the settlement

BROGNO (582 m -time 0.35; 4.30 hrs.) where the trail leads on to road which you follow to the left. It leads along the fencing of some nice villas but then you leave it and pick up the mule track to Bellagio to the right. The mule track leads down to

BEGOLA (560 m - time 0.10; 4.40 hrs.) a clearing with two farmhouses, and then continues steeply downhill through a chestnut wood. You then arrive at the small village of

MULINI DEL PERLO (362 m - time 0.20; 5.00 hrs.) Cross the road, and pick up the large mule track to the left. You soon get to a fork where you turn right. You have a beautiful view on the pastures of Cagnanica down below. Past the farmhouse, the track ends up in “Via Susanna” that you follow to the right. After 100 m, pick up the “Vicolo del Selvetto” to the right that leads down to Piazza S. Andrea in the hamlet

GUGGIATE (230 m - time 0.30; 5.30 hrs.) - refreshments available - bus stop -

The trail finishes in this hamlet, 2 km from Bellagio. On the main road you find the bus stop either back to Como or to Bellagio. It takes about 25 minutes by foot to the ferry dock of Bellagio.